

**Sajadi Mozhgan 1\***  
**Sarabian Saeed 2**  
**Sharifi Daramadi Parviz 3**

1- MSc in clinical psychology, (shahroud I.AZ.U)  
2- PhD in clinical child and Adolescent psychology (Payam-noor.U.Mashahad)  
3- PhD in psychology of Exceptional children (Al.Tabatabai U.)

**\* Corresponding author:**

Science and Research Branch, Islamic Azadi University, Shahroud Iran.

Tel: 0982126131345

E-mail:

[mozghansajadi@yahoo.com](mailto:mozghansajadi@yahoo.com)

Journal of Medical Council of Islamic Republic of Iran, VOL. 31, NO. 4, Winter 2014: 389-396

● ORIGINAL ARTICLE CODE:30

## **Comparison of teen aggression level based on parenting styles and parent-child attachment styles**

### **Abstract**

**Introduction:** aggression is a common abnormal behavior among adolescents and is considered as an important issue in psychology and sociology . Family and parenting style have important impact on aggressive behavior in adolescents and children.

**Objective:** The objective of this study was to compare the amount and type of adolescent aggression based on parenting style and parental attachment as well.

**Methods:** In this cross-sectional study ,131 adolescents with age between 13 to 14 from schools all over Tehran were selected by random cluster sampling method and classified in two normal and abnormal groups ( aggressive) by the school authority report and also aggression Arnold.H.buss questionnaire as well as attachment Hazan & Shaver and parenting Diana Bamrind questionnaires.

**Results:** there were a statistically significant correlation between parenting style as well as attachment style with aggression and aggression type (respectively, P value < 0/001, P value = 0/001). ANOVA test showed a statistically significant correlation between aggression score with parental style groups as well.

**Conclusion:** This study further supports significant correlation between aggression and type of that and parent -child attachment and parenting styles.

**Keywords:** aggression, adolescents, parenting style, attachment style