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Comparison of teen aggression level based on parenting styles and parent-child attachment styles

Abstract

Introduction: aggression is a common abnormal behavior among adolescents and is considered as an important issue in psychology and sociology . Family and parenting style have important impact on aggressive behavior in adolescents and children.

Objective: The objective of this study was to compare the amount and type of adolescent aggression based on parenting style and parental attachment as well.

Methods: In this cross-sectional study ,131 adolescents with age between 13 to 14 from schools all over Tehran were selected by random cluster sampling method and classified in two normal and abnormal groups (aggressive) by the school authority report and also aggression Arnold.H.buss questionnaire as well as attachment Hazan & Shaver and parenting Diana Bamrind questionnaires.

Results: there were a statistically significant correlation between parenting style as well as attachment style with aggression and aggression type (respectively, P value < 0/001, P value = 0/001). ANOVA test showed a statistically significant correlation between aggression score with parental style groups as well.

Conclusion: This study further supports significant correlation between aggression and type of that and parent -child attachment and parenting styles.

Keywords: aggression, adolescents, parenting style, attachment style